

FROM SEED TO CERTIFICATION: NAVIGATING THE JOURNEY OF ORGANIC HERB FARMING WITH STELLAR ROOTS FARM

Lindsey Mann, a dedicated herb farmer from Georgia, was featured in Rodale Institute's April 30, 2025 webinar, where she shared her inspiring journey toward USDA Organic Certification.

With a rich background in ecological design and over 20 years of experience in edible landscaping, Lindsey has long been committed to nurturing the land. Her transition into organic farming was a natural extension of that ethos, driven by a desire to regenerate soil and restore ecological balance.

During the webinar, Lindsey spoke candidly about the challenges she's faced: persistent weed pressure, soil remediation, and limited access to resources. Yet through it all, her dedication to sustainable agriculture never wavered, and organic certification has strengthened her business while reaffirming the values that guide her work.



Photo: Lindsey in her learning barn



Watch the Webinar on Rodale's YouTube Channel: https://www.youtube.com/watch?v=2eNHvxMJIHE

From Vision to Practice

Lindsey Mann's commitment to regenerative agriculture goes beyond certification—it's reflected in the everyday practices at Stellar Roots Farm. Nestled in the mountainous northeast corner of Tiger. Georgia, Stellar Roots Farm blends biodynamic and organic practices to promote whole ecosystem health.











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On May 20, Southeastern Organic Consultant De'Anthony Price paid a visit to the farm to witness firsthand how Lindsey's principles take root in practice.

The visit highlighted impressive biodiversity, including three passive water systems on site—an orchard planted on contour with berms and swales, and two rain gardens. From a natural pond with a beaver dam to a rain garden filled with elder, pawpaw, and comfrey, to pastures with rotational grazing of pigs, the farm has embraced the enhancement of soil health, making it a living example of regenerative organic agriculture.

As the property was explored, the farm's rich biodiversity quickly became apparent. A natural pond with a beaver dam provided a thriving aquatic ecosystem that supports ecological balance and attracts wildlife. Lindsey also showcased her rain garden, which helps manage stormwater runoff, improves water infiltration, and supports pollinators. It creates a habitat for moisture-loving plants such as Elder, PawPaw, and Comfrey, further enriching the farm's regenerative landscape.



Photo: Swine on the farm to integrate livestock



Photo: Farm landscape under a mountain

Before concluding the visit, attention turned to Lindsey's pigs, an integral part of her regenerative approach. She introduced livestock integration to boost biodiversity and, most importantly, to improve soil health. Acting like miniature tractors, the pigs help aerate and turn the soil in areas not yet cultivated. Through rotational grazing, Lindsey maintains control over their movement, protecting the land from overuse and supporting long-term ecological balance.

Stellar Roots Farm is a living example of Regenerative Organic Agriculture. Lindsey is deeply committed to soil health and understands the vital connection between healthy soil and healthy crops. As an organic herb farmer, her work is especially meaningful as she is able to grow nutrient-dense medicinal herbs that ultimately support healthy, nutritious food for those in her community.





